

Questions to Ask a Caregiver

When you talk to a caregiver who's caring for kids on medication, you need to make sure that they understand why the child is on medication and for what symptoms. Go over the exact dosing procedure and ask to see where the medication will be safely kept. Go over any worrisome side or adverse effects with the caregiver so that they know what to look out for. Make sure that they're not overlooking small but important symptoms. Remember also to check the bottle of the medication and make sure that it is the correct one with the correct dose written on it.

- Remind me again of what the child is taking and for what he's taking it.
- How much are you giving the child and how many times a day?
- What was the child like before they started medication?
- What is the child's behavior like now? Is this an improvement?
- Do you see any change in the child physically, emotionally or behaviorally?
- Are you concerned about how the medication is effecting the child?
- Is everything going well or do you think we need to make a change?



Questions to Ask a Child on Medication

When you check in with a child who's on medication, make sure that you talk to them thoroughly about how they're feeling. Depending on their age, they'll have a varying ability to tell you how they feel. But asking questions that aren't leading can often help you get a good picture of how they feel.

- How are you feeling today?
- Have you been feeling (insert troublesome symptom that medication addresses)?
- What kind of medicine are you taking? What is it called?
- What does your medication do?
- How is your stomach/head/body feeling?
- How are your feelings?
- How are you sleeping?
- How is your appetite?
- Are you having any problems with your new medicine?

